

## **1. Water Egg**

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### ***Yield***

4 servings

### ***Ingredients***

3 eggs  
1/2 can of chicken broth  
1/2 can of water  
4 teaspoons soy sauce

### ***Directions***

1. Boil water in a pot.
2. Blend 3 eggs, 1/2 can of chicken broth, and 1/2 can of water. Pour the mixture into a glass or metal plate, and cover with plastic wrap.
3. Put the glass or metal plate into the pot with boiling water for 15 minutes.
4. Add 4 teaspoons soy sauce.