

## **1. French Toast**

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### ***Yield***

1 serving

### ***Ingredients***

1 slice of bread  
1 egg  
1 teaspoon vanilla extract  
4 teaspoon butter

### ***Directions***

1. Beat 1 egg and 1/2 teaspoon ground cinnamon.
2. Soak 1 slice of bread in the mixture.
3. In a fry pan, spread the butter, and slow heat the bread until brown on both sides.